

- לְדוֹד : יְהוָה, אֹרֵי וַיִּשְׁעֵי—מִמֵּי
אִירָא ;
יְהוָה מְעוֹז-חַיִּי, מִמֵּי אֶפְחָד.
1. Adonai, You are my light.
You are my salvation.
Adonai, with You as my strong
protector, who can make me afraid?
- ב בְּקֶרֶב עָלֵי, מְרַעִים-- לֶאֱכֹל
אֶת-בְּשָׂרֵי :
צָרִי וְאֵיבֵי לִי ; הִמָּה כְּשָׁלוֹ וְנָפְלוּ.
- 2 . When hateful evil gang up on me,
wanting to harass me, to oppress &
terrorize me, they are the ones who
stumble & fall.
- ג אִם-תִּחְנַה עָלַי, מִחְנָה—
לֹא-יִירָא לִבִּי :
אִם-תִּקְוִים עָלַי, מִלְחָמָה-- בְּזֹאת,
אֲנִי בֹטֵחַ.
3. Even if I am surrounded by evil, my
heart is not weakened.
If a battle surrounds me, my trust in
You is firm.
- ד אַחַת, שָׁאַלְתִּי מֵאֵת-יְהוָה-
- אוֹתָהּ אֲבַקֵּשׁ :
שְׁבֹתִי בְּבֵית-יְהוָה כָּל-יְמֵי חַיִּי ;
לַחֲזוֹת בְּנֹעַם-יְהוָה, וּלְבַקֵּר
בְּהִיכָלוֹ.
- 4 One thing have I asked of Adonai, just
this alone do I seek:
I want to be at home with You, all the
days of my life. I want to delight
in seeing & visiting You in Your temple
- ה כִּי יִצְפְּנֵנִי, בְּסֹכֶה-- בְּיוֹם רָעָה :
יִסְתַּרְנִי, בְּסֹתֵר אֹהֶלוֹ ; בְּצוּר,
יְרוּמְמֵנִי.
- 5 You hide me in Your Sukkah on a bad
day. You conceal me, unseen, in Your tent
You raise me up on a rock, beyond reach.
- ו וְעַתָּה יְרוּם רֹאשִׁי, עַל אֵיבֵי
סְבִיבוֹתַי, וְאֶזְבְּחָהּ בְּאֹהֶלוֹ, זְבַחִי
תְרוּעָה ;
אֲשִׁירָה וְאֶזְמָרָה, לַיהוָה.
- 6 And now as You have held my head
high, despite powerful foes about me;
and I prepare to celebrate and thrill.
I will sing, I will make music to You.
- ז שְׁמַע-יְהוָה קוֹלִי אֶקְרָא ; וְחַנּוּנִי
וַעֲנֵנִי.
- 7 Listen, Adonai to the sound of my cry,
be kind, answer me!

ח לָדָה, אָמַר לְבִי--בִּקְשׁוּ פָנַי ;
אֶת-פְּנֵיךָ יְהוָה אֲבַקֵּשׁ.
8 My heart has said: 'I seek Your face';
Your presence is that which I beg.

ט אַל-תִּסְתֵּר פְּנֵיךָ, מִמֶּנִּי-- אַל
תִּט-בְּאַף, עֲבֹדֶךָ ;
עֲזַרְתִּי הָיִיתָ ; אַל-תִּטְּשֵׁנִי וְאַל-
תַּעֲזֹבֵנִי, אֱלֹהֵי יִשְׂרָאֵל.
9 Don't hide Your Face from me. Don't
just put me down or cast me not off,
You who have been my helper, do not
abandon me, G-d my support.

י כִּי-אָבִי וְאִמִּי עֲזָבוּנִי ;
וַיְהוּהוּ יֹאסִפֵּנִי.
10 Though my father and mother have
left me, You will hold me securely.

יא הוֹרְנֵי יְהוָה, דַּרְכֶּךָ : וַיְנַחֵנִי,
בְּאַרְחַ מִישׁוּר--לְמַעַן, שׁוֹרְרֵי.
11 Teach me Your way, Adonai. Lead
me on the right path. Discourage those
who defame me.

יב אַל-תִּתְּנֵנִי, בְּנַפְשׁ צָרִי : כִּי
קָמוּ-בִּי עֲדֵי-שָׂקָר, וַיִּפַּח חָמָס.
12 Do not deliver to the will of my
adversaries; do not let me become the
victim of my foes.

יג לוֹלֵא--הֶאֱמַנְתִּי, לְרְאוֹת בְּטוֹב-
יְהוָה : בְּאַרְצַ חַיִּים.
13 I would not have survived if I had not
hoped to see Your goodness, fully alive
on Earth.

יד קוּהָ, אֶל-יְהוָה : חֲזַק, וַיִּאֲמַץ
לְבָבְךָ ; וְקוּהָ, אֶל-יְהוָה.
14 So, my friends, you too hope in
Adonai; be sturdy! May strong your
heart. And most of all, keep hoping in
Adonai.



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